

GASS Wintercamp 2010

As winter nears, so does the annual GASS Wintercamp – that cannot be missed this year! This year we will be travelling to Merimbula, on the Sapphire Coast in NSW, where we will meet up with our NSW counterparts, see plenty of cool things and most of all have FUN!

WHEN: 5th – 9th July 2010

WHERE: Woodbine Eco Cabins, Merimbula NSW.

COST: \$250 for GASSIES, Hosts & any subsequent siblings. Price includes transport, accommodation, activities and all food for the week – excluding lunch on the first day, which should be brought and/or can be purchased in Bairnsdale. Please fill out the payment slip below, all cheques made payable to the “German Australian Student Society Victoria”.

WHAT:

Activities will include visiting the fun park MAGIC MOUNTAIN, BEACH SPORTS, NATURE PARKS, SURF LESSONS (AT A SMALL EXTRA COST – SEE BELOW) AND MUCH, MUCH MORE!!

SURF LESSONS:

This year we are offering surf lessons, which will be undertaken on the camp, this activity is heavily subsidised by GASS and comes at the small additional cost of \$20 (bringing the camps total cost to \$270).

What you get:

A full supervised 2 hour group lesson conducted by qualified surf instructors from Coastlife Adventures.

Also provided is a **full length wetsuit** and a soft foam **Malibu surfboard**. The lesson starts with the basics: **safety tips, warm up and general surf knowledge**.

Once in the water each individual is taken through a number of skills. These include: paddling onto and catching waves. One of the instructors will always be in waist depth water giving individual feedback as you are catching the waves into shore!

Surfing is a great activity and will be one of the major highlights of this years Wintercamp! It is strongly encouraged that all participants take advantage of this great opportunity on GASS Wintercamp 2010!

THINGS TO BRING:

- Packed Lunch for first day (there is also an option of buying lunch en route to Merimbula)
- Clothes suitable for cooler weather
- Cold and wet weather gear for bushwalks and FUN activities!
- Beach clothes for Beach Day
- Bathers
- Beach Towel
- Activities for free time (i.e. small sports balls, games etc.)
- Some spending money
- Costume for final night party – the theme this year is “MY MUM WOULD NEVER LET ME OUT IN THIS!” so get creative and bring your best costume for our final night party!

Note: all bedding is provided but please feel free to bring your own if preferred.

PLEASE NOTE: This is STRICTLY an alcohol-free camp.

**This form and payment must be submitted by:
FRIDAY 25th JUNE 2010**

TRANSPORT INFO:

On Monday 5th July, 2010 we will meet at 6:45am (at the latest please) at the bottom of the escalators at Southern Cross Station (formerly, Spencer Street), Melbourne for a 7:30am train departure.

We will be catching a V-Line train to Bairnsdale (arriving: 11:30am) and from there traveling via coach to Merimbula. Everyone is requested to bring a packed lunch and snacks, but with our arrival time in Bairnsdale of 11:30am, there will be the option of purchasing food in Bairnsdale before departure by coach.

We will be returning to Melbourne via coach and then via V-Line train, arriving at Southern Cross Station (formerly, Spencer Street) Melbourne, at 4:15pm on Friday the 9th July 2010.

Attendance at the camp is compulsory for German students. Hosts and siblings must each have separate indemnity and confidential medical report forms filled out (find attached).

CONTACT: Please feel free to contact your camp organisers with any queries

Chris Jones

0431 946 506

wintercamp@gassvic.org.au

Eva Metzeling

0400 572 027

wintercamp@gassvic.org.au

Please mail all forms and payments to:

Christopher Jones

95 Partridge Way,

Mooroolbark, Vic 3138

**PLEASE ENCLOSE YOUR INDEMNITY AND CONFIDENTIAL MEDICAL REPORT FORMS
(SEE OVER PAGE)**

1. Personal Information

Attendee Name(s): _____

Date: _____

2. Payment Options

Surf Lessons?

- Yes, I will participate in surf lessons and have enclosed/paid \$270 to GASS Victoria.
- No, I will not be participating in surf lessons and have enclosed/paid \$250 to GASS Victoria.

Please Specify Payment Type:

Paid Direct Bank Deposit to:

Please fill in the payment transaction with **'WC'** followed by your first initial and surname, e.g. **"WC J Smith"**



Account name: German-Australian Student Society Victoria

BSB: 033178

Account Number: 232141

Paid Cheque:

All cheques made payable to the "German Australian Student Society Victoria"

Amount as appears on Cheque: \$ _____

Signature: _____

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FRIDAY 25th JUNE 2010**

Wintercamp 2010 Accommodation Location: Woodbine Park Eco Cabins,
Sapphire Coast Drive, MERIMBULA
New South Wales, 2548, Australia

PARTICIPANT DETAILS

Surname:	Given Name(s):
Street Address:	Email Address:
	Mobile No. (if applicable):
Post Code:	Name of School:
Gender:	School Year Level:
Date of Birth:	Age:

PARENT/GARDIAN/EMERGENCY CONTACT DETAILS

Surname:	Given Name(s):
Relation to Participant:	Home Phone:
Work Phone:	Mobile:

SPECIAL NEEDS

Diet: *List all special dietary requirements eg vegetarian, no dairy, no wheat etc.*

Other Special Needs:

MEDICAL INFORMATION

Does the participant suffer from any of the following?

<input type="checkbox"/> Any allergic condition	<input type="checkbox"/> Skin condition	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Epilepsy fits or blackouts	<input type="checkbox"/> A disability or chronic illness	<input type="checkbox"/> Asthma (include asthma plan)
<input type="checkbox"/> Attention deficit disorder (ADD/ADHD)	<input type="checkbox"/> Sleep walking	<input type="checkbox"/> A current illness eg. flu
<input type="checkbox"/> Bed wetting	<input type="checkbox"/> Behavioural problems	<input type="checkbox"/> Other

If yes to one or more, please give details:

Medicare Number:

Valid Until:

Private Health Fund:

Does the participant have Ambulance Cover?

YES

NO

Current Medication:

Medication Name	Times and dosage – please specify exact time of medication administration									
	<i>Breakfast</i>		<i>Lunch</i>		<i>Dinner</i>		<i>Before Bed</i>		<i>Other</i>	
	Time	Dose	Time	Dose	Time	Dose	Time	Dose	Time	Dose

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SWIMMING ABILITY

- Strong – 50 metres unaided
- Average – 25 metres unaided
- Poor – 10 metres unaided
- Non-swimmer

I agree to my child's attendance at "Woodbine Park Eco Cabins" and to his/her taking part in any activity and excursions arranged for the participant in connection with this year's Wintercamp in Merimbula, NSW. I also authorise designated members of GASS Victoria to supervise my child while taking medication as requested by me on this form. In the event of any accident or illness, I authorise the obtaining of such medical assistance on my behalf that my child may require. I also undertake to pay medical fees and / or costs of medication that may be incurred while my child is at "Woodbine Park Eco Cabins" and participating in GASS Wintercamp 2010.

I hereby release and indemnify GASS Victoria against all actions, suits, claims, demands, proceedings, losses, damages, compensation, costs, charges, and any expenses whatsoever in respect of any personal injury of any infringement disturbance or destruction of any rights of any person including myself and son/daughter/ward arising directly or indirectly out of the aforementioned administration of medication.

Full name of parent / guardian (under 18) or participant (over 18)

Signature of parent / guardian (under 18) or participant (over 18)

Date

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FRIDAY 25th JUNE 2010**